

# Breakfast Menu

**LEIGHTON PARK SCHOOL**

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	Banana and Strawberry Smoothie Shot	Watermelon Wedges	Pink and White Grapefruit Segments	Blueberry Muffin Milkshake	Melon Chunks	Autumn Fruit Compote with Spiced Yoghurt	Full English Breakfast with Scrambled Egg and Black Pudding
	Grilled Chicken Sausages with Warm Tomato Chutney Or Poached Eggs with Warm Tomato Chutney	Free Range Omelette Bar with a Choice of Fillings  Back Bacon	Home Cooked American Pancake Stack with Streaky Bacon and Maple Syrup	Warm Cheese and Ham Croissant Or Warm Cheese and Tomato Croissant	Brookwood Big Bacon and Egg Bap with Lashings of Brown Sauce Or Egg Bap with Lashings of Tomato Sauce	Eggy Bread  Spaghetti 'O's  Lorne Sausage	Selection of Continental Breads and Pastries
	Mushrooms  Potato Waffles	Grilled Tomatoes  Hash Browns	Eggs Over Easy  Plum Tomatoes	Pork and Herb Sausages  Baked Beans  Saute Potatoes	Button Mushrooms	Grilled Plum Tomatoes	Fresh Fruit Platter

**Selection of Slow Release Carbohydrate Cereals including Bran Flakes, Weetabix, Cornflakes, All Bran  
Homemade Fruit Muesli, Homemade Porridge, Homemade Yoghurt with Toppings, Fresh Fruit  
Chilled Juices ~ Orange, Pink Grapefruit and Apple  
Selection of Homemade and Toasting Breads  
Homemade Preserves, Marmalade, Honey and Marmite  
Hot Drink Selection**