

Information from the Health Centre Nursing Team

Medical Care Plans

If you have been sent a medical care plan to sign for your child, please can you complete this urgently and return it to the <u>Health Centre</u>.

Medication and Allergies

If your child has developed a new allergy, medical condition or has started a new regular medication which you have not notified the <u>Health Centre</u> about, please urgently do so.

If your child carries an auto-injector (EpiPen, Jext, Emerade) or inhaler please make sure they have one labelled on their person and a spare in their house.

Contact Information

Please keep us updated with any changes to contact information, as in an emergency we must be able to contact parents/guardians. It is also vital that you make sure you are available (or identify an appropriate adult) to collect your child in case of illness or injury. In the case of boarding students, the parents/guardian must make arrangements for their child/student to be collected and looked after if the Health Centre deem this necessary.

Head-Lice

Head-lice is very common in schools and most children experience this at least once when they are growing up. Public Health England (PHE) Guidelines state that children are not to be excluded and should not in any way face discrimination for having head-lice. Due to this, we are unable to issue class or year group letters informing you about any cases. PHE recommend regular advice to be given to parents/guardians and we are unable to routinely check hair, as they did many years ago. This was not proven to reduce the number of children that had headlice at any given time.

It is generally advised that combing the hair through regularly with conditioner is a very effective treatment. Further information on head-lice and treatment can be found here: <u>https://www.nhs.uk/conditions/head-lice-and-nits/</u>

Health Centre Opening Hours

Mon – Fri 07.45am – 8pm Nurse on-call outside of these hours Tel: 0118 987 9566 Email: <u>HealthCentre@leightonpark.com</u>