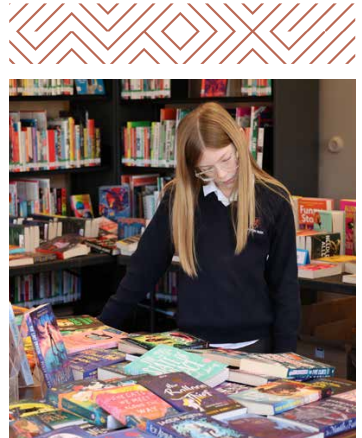




LEIGHTON PARK
FOUNDED 1890

Co-Curricular Programme



90+ hobbies • Creative Arts • Social Action & DofE • Sport & Wellbeing • STEAM & Skills

www.leightonpark.com/co-curricular



Our co-curricular programme offers experiential learning opportunities that are not only fun and inclusive but are rooted in how young people learn and thrive.

We know that the adolescent brain develops best through movement, interaction and challenge. Activities that spark curiosity, connection and joy release powerful feel-good hormones like dopamine and oxytocin which are essential for motivation, wellbeing and memory. That's why our co-curricular programme is built around being with others, learning on your feet and discovering through doing.

The most sought-after employability skills are no longer just academic qualifications, but confidence, communication, resilience, creativity and collaboration. These aren't taught by textbooks alone. They're developed in real-time, through real experiences. That's exactly what we embed into our co-curricular offer year on year.

With warmest wishes,

Tash Coccia

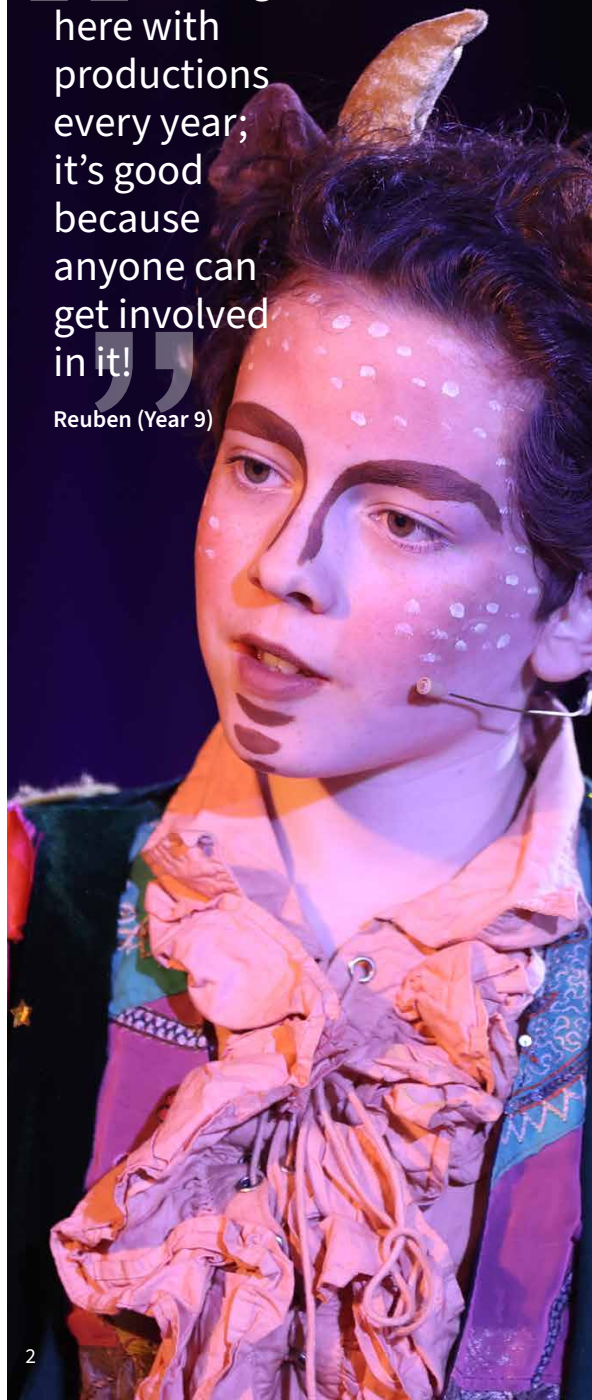
Tash Coccia

Senior Assistant Head: Co-Curricular



“Drama is big here with productions every year; it's good because anyone can get involved in it!”

Reuben (Year 9)



Creative Arts

Follow your dreams

Fryer, junior and senior students all have the opportunity to tread the boards and realise their talents in studio plays and large scale musicals at Leighton Park. Or maybe Dance is your thing (even if you just don't know it yet!). Calling all performers and crew to stage, your cue is coming... Art, Textiles and Ceramics are available for those who enjoy painting, sketching, photography, sewing, print-making and creating all sorts of expressive art forms in one of our specialist art studios. There is rarely the sound of silence coming from the MMC! With so many exciting options in music, film production, music production and music technology, get involved and make some noise! Get involved and be inspired!

“Drawing Club is just that place where you can go to offload and relax and try something new and something creative.”

Tomi, Upper Sixth



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Social Action & DofE

Value your community

Our values lie in making a difference; it is part of who we are as a school. The co-curricular programme offers opportunities to help others and to give back to the wider community. There is no better place to start than with our Junior Eco Club. The service section of the Duke of Edinburgh award, which starts in Year 9, offers the Interact Club in conjunction with Rotary. At Senior level we have our student-led charity group, Amicus, and our Amnesty International Youth Group. Our Social Enterprise group is run through our Business and Economics Department. Social advocacy and support opportunities exist through our Female Lead Society, LPBros and LGBTQ+ groups where everyone is equal and everyone is welcome.



The DofE award provides an opportunity to discover new interests and talents. It is also a fantastic tool to develop essential skills for life and work. As a recognised mark of achievement, the award is respected by employers and universities.

The co-curricular programme supports students with the physical, skills, volunteering and expedition training elements of their DofE through Bronze, Silver and Gold levels. The Bronze expedition is a Year 9 summer term activity whilst Silver and Gold expeditions are scheduled during the school holidays for the older years. Enjoy the adventure!



“Debating Matters has helped me to be more confident in myself for public speaking and opened me up to a hobby I previously didn’t think I’d enjoy.”

Tom (Lower Sixth)





Sport & Wellbeing

Look after yourself

Our vast range of clubs in Sport & Wellbeing ensure students enjoy a blend of traditional sports such as football, rugby and cricket alongside a wide variety of interesting options including yoga, kayaking, basketball and judo amongst many more. We are lucky to have a GB Judo coach in our after-school programme and work in partnership with Chelsea Football Club and HerGameToo to support our football. Discover how much better you can be with a professional coach by your side!

Stay centred with wellbeing activities such as Bullet Journaling (BuJo), relaxing in The Retreat, or chilling with your friends in Fryer House or the Year 9+ Commons.

Your physical and mental health is important; look after yourself and your team!

“Girls’ Rugby Club is a fun and inclusive space which can help you to develop your skills in the sport.”

Lara (Year 10)



STEAM & Skills

Experiment and extend

A host of hobbies teaching new skills or mastering ones of old are on offer! From cookery and chess to Warhammer or an EPQ, experiential learning builds confidence and improves progress. Your vocational and academic interests can become a lifelong passion and may even lead to a future career path!

We are proud to be a STEAM school and provide a number of dedicated clubs to support our budding engineers, scientists and technologists to experiment, explore, create and build.

And for those that want to go home feeling on top of their homework, there's Prep Club providing a calm, quiet environment to pursue your studies.



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In times gone by, Leightonians could be found hosting exhibitions of their hobby crafts to visiting parents in Peckover, organising demonstrations in Townson and holding Hobby Days as a way to take a pause from their academic studies and share their passion for co-curricular pursuits in the form of galas, competitions and carousels. In the archives, we are lucky to have numerous examples of student engagement in the wider life of the School, which had a strong

focus on charity and service in addition to the kinds of clubs and societies which still run today. After more than 135 years of delivering these exciting opportunities for young people, staff and external practitioners continue to offer a dynamic programme for everyone to enjoy.



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Watch our
co-curricular
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